



RELATIONSHIPS FOR CHANGE

Learning programme for leaders, managers
and staff in health and social care



RCN Accredited until 24 March 2026
Accreditation applies only to the educational content and not to any product
RCN cannot confirm competence of any practitioner



Relationships for Change



Our new Learning Programme, 'Relationships for Change', gives everyone access to restorative and relational knowledge, understanding and skills.

Participants progress through a series of structured modules, gaining practical tools and techniques they can immediately apply within their team/department/organisation.

Each module is designed to build lasting improvement skills at a sustainable pace, alongside targeted ongoing support.

This is an interactive learning platform with bitesize modules, to suit all shift patterns.

Two minutes or thirty; learn gradually and continuously about restorative and relational practice.

Online learning is supported with optional live teams sessions and webinars.



Restorative Thinking

Restorative Thinking is a not-for-profit Social Enterprise.

In 2012, the Restorative Thinking team began delivering training workshops, intervention programmes, coaching and supervision sessions across Public Services.

We work with leaders, managers and staff across Health and Social Care, schools, Children's and Adult Services, Prison and Probation Services.

In 2018 we won i-Network's 'Transforming and Innovating Public Services' Award, for our work with Liverpool Children's Services and schools.

In 2020 we began to develop e-Learning CPD, creating our own learning platform and an innovative blended learning offer for all our working partners, allowing organisations and individuals to access restorative and relational practice via a variety of learning options.



Our blended training and coaching appeals to a variety of learning styles.



Relationships for Change

Relational and restorative practice self-guided learning programme

The 'Relationships for Change' programme is for leaders, managers and staff working in health and social care.

The content enables all members of a team to build the skills and mindset to work together differently and better.

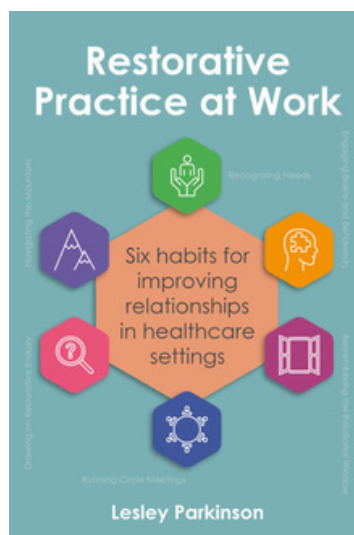
This programme will help you, and colleagues, to:

- Proactively build better team cohesion
- Identify alternatives to grievances and complaints
- Effectively address problems and issues together
- Collaborate, plan and innovate together better
- Collaborate better with people accessing services

Some of the outcomes we expect to see:

- Improved patient safety
- More effective collaboration with families and patients
- Lower staff absence and improved staff retainment
- Reduction in grievances and complaints

This programme aligns with the book: 'Restorative Practice at Work: six habits for improving relationships in healthcare settings': <https://www.crownhouse.co.uk/restorative-practice-at-work>



Relationships for Change

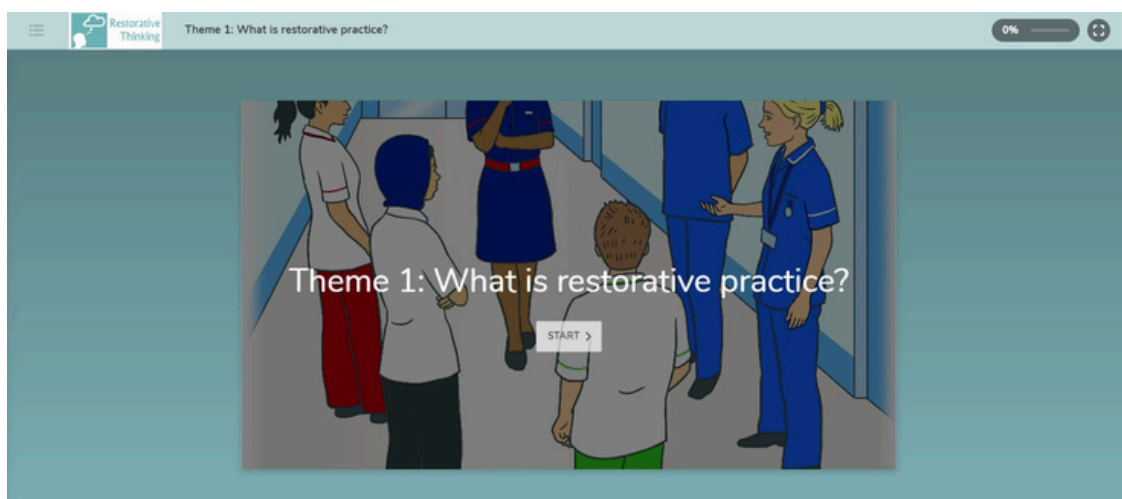
Relational and restorative practice self-guided learning programme

We operate a Moodle Learning System, designed and supported by Titus Learning. We aim to cater for all learning styles.

What will you find on the platform?

- Learning pathways for you and your team
- e-learning courses
- Podcasts and videos
- Written materials and references
- Live forum for sharing ideas and insights
- Learner support
- Flexible, unlimited access to resources
- New resources added regularly

Learn at your own pace, in line with your shift patterns and work schedule.



Feedback from course users

Evidence-based

Our workshops and online courses have been helping to foster improvement and change in health and social care for twelve years.

This new platform includes e-learning courses, videos and podcasts, in addition to prompts and questions to stimulate thinking, development and learning.

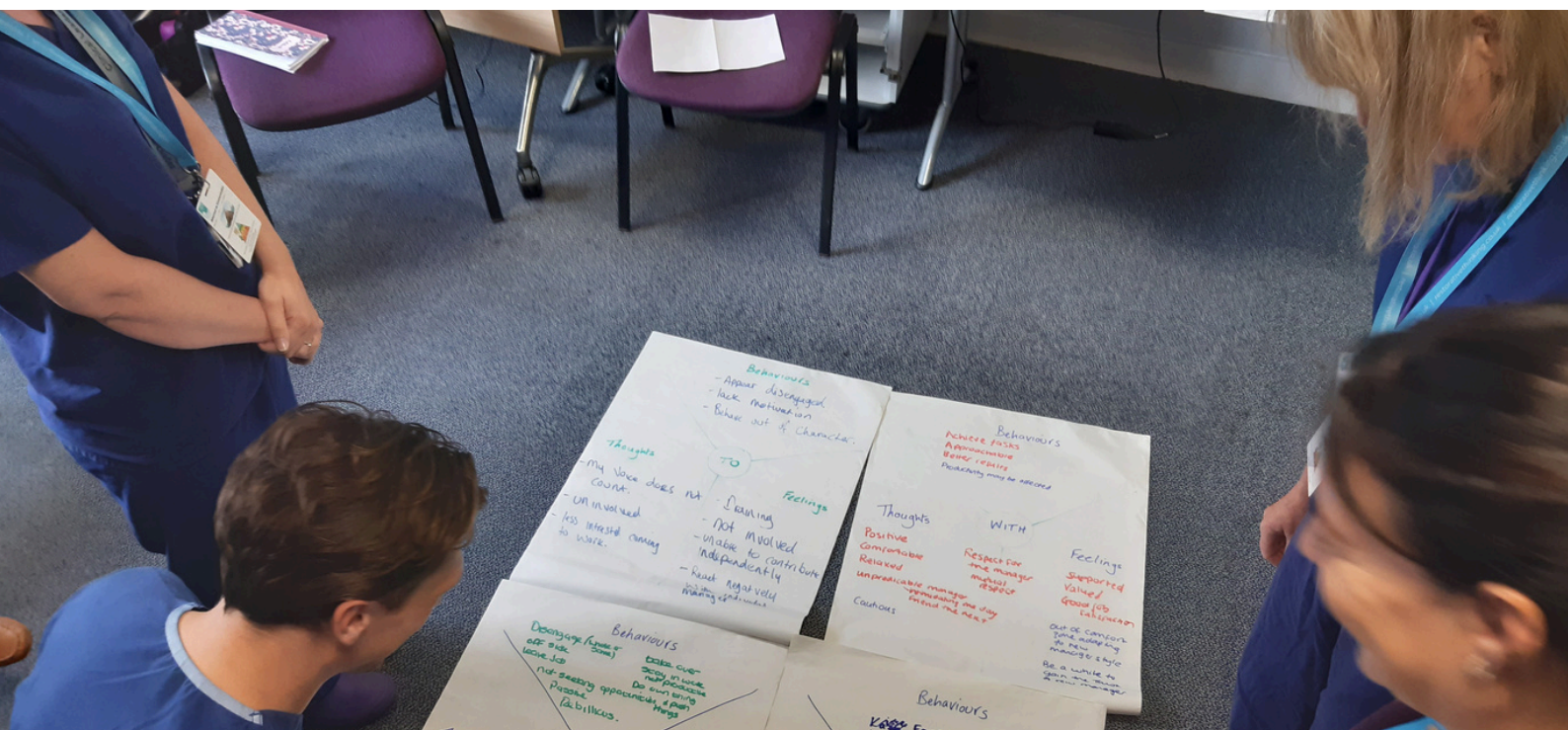
For organisations, we provide regular, anonymised feedback from course users and engage with Boards, SLT, OD and HR to ensure learning from the platform helps to enable your improvement journey.

"This is a deeper and bigger subject than I was expecting and raised many questions about how I have behaved in the past and how using a considered approach to difficult problem-solving will, more often than not, bring about a better outcome for all parties."

(Social Care manager)

"The relational window was very interesting and I could see myself and colleagues fitting into the windows. Understanding this will help me to realise when I am in particular windows and how I should adjust my working."

(Radiology nurse)





Next steps

Please contact Mrs Lesley Parkinson in the first instance. We can arrange a virtual tour of the learning programme, discuss your intended outcomes, help plan your use of the programme and answer any questions prior to engagement.

e-mail: lesley@restorativethinking.co.uk

Website: www.restorativethinking.co.uk

